

Health Labs4Value



Digital Health App: HealthLord

Slovenia



Simple, registration-free video guidance that patients actually use in the critical first days at home.



Pilot site: General Hospital Jesenice (Slovenia)

Hard Facts from the Pilot:

- ✓ The developed and tested solution: *Digital Health App: HealthLord*.
- ✓ More than twenty patients participated; feedback was consistently positive.
- ✓ Instant quick response code access — with no registration — proved crucial after discharge; the hospital treats nearly one hundred injury cases daily.
- ✓ Content is being extended to additional conditions and sites.

Benefits — Who gains and how:



Patients: more frequent practice and reassurance that exercises are performed correctly.



Healthcare professionals: less time on repeated explanations; consistent discharge instructions.



Hospitals and policy-makers: reduced printing and standardized guidance; easy spread to other services.

Co-creation Snapshot

Patients, therapists and surgeons iterated the videos and on boarding in Living Lab workshops to match real digital readiness and home environments.

Methodology Lens

(LivingLab and value-based care)

A Health Labs4Value Living Lab outcome that uses value-based thinking to improve recovery and staff workload across the early rehabilitation pathway.

Contact — join the Living Lab

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Implemented in Central Europe:

Germany, Czech Republic, Hungary, Poland, Slovenia, Austria



Join the Healthcare Transformation!

Whether you're a healthcare provider, policymaker, tech innovator, or patient advocate, you can be part of the Living Labs & VBHC movement!



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and collaboration opportunities!**

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