



Taking the stress out of the digital transformation

The digital transformation offers new opportunities for companies but also increases complexity. Especially employees over 55 can suffer from digital stress or burnout at the workplace. The Digi-B-Well project helps companies to transform and make employees fit for the digital age. The partners upskill competences of managers, public authorities, and academia to better prevent digital stress and burnout. They develop and test new tools to self-assess digital maturity and digital transformation models in companies. In addition, a digitalisation strategy and action plans ensure the uptake of their innovative solutions into broader policy and business practices.

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COUNTRIES & REGIONS

CROATIA	Jadranska Hrvatska
GERMANY	Baden-Württemberg Thüringen
HUNGARY	Nyugat-Dunántúl
ITALY	Emilia-Romagna
POLAND	Śląskie
SLOVAKIA	Bratislavský kraj Stredné Slovensko
SLOVENIA	Zahodna Slovenija

2,19

million €
Project budget

9

Partners

3

Pilots

06.2024

Start date

05.2027

End date

80%

ERDF co-financing